

HIV PRE-EXPOSURE PROPHYLAXIS (PREP) FORMULARY

DISCOVERY HEALTH MEDICAL SCHEME
2024





HIV Care Programme 2024

DISCLAIMER

The information contained in this document may be subject to change. The HIV Care Programme and the utilisation of the benefits and programmes associated with the HIV Care Programme is subject to specific conditions and rules. Members must ensure that they are familiar with these rules and conditions. The Scheme Rules are available on www.discovery.co.za.

Any instruction or advice we give about medicines and the management of your condition is intended as a supplement to, and not a substitute for, the knowledge, expertise, skill and judgement of your doctor, pharmacist, or other healthcare professional. You need to get your medicine from a designated service provider (DSP) to avoid a 20% co-payment. Visit www.discovery.co.za under Medical Aid > Find a doctor or click on Find a healthcare provider in the Discovery app to find providers in our network.

Discovery Health Medical Scheme reserves the right to change the benefit at any time. We will communicate any changes to the way we pay medicines when we make these. The latest version is always available on www.discovery.co.za under Medical aid > Find documents and certificates.

About some of the terms we use in this document

There may be some terms we refer to in the document that you may not be familiar with. Here are the meanings of these terms.

| TERMINOLOGY | DESCRIPTION |
|------------------------------------|---|
| Benefit year | A benefit year refers to the benefits a member is entitled to during a calendar year, that is to say 1 January to 31 December. This medicine list (formulary) and Chronic Drug Amounts are applicable for this benefit year only. |
| Chronic Drug Amount (CDA) | The Chronic Drug Amount (CDA) is a maximum monthly amount we pay for a chronic medicine class, subject to the member's health plan. This applies to chronic medicine that is not listed on the formulary or medicine list. The Chronic Drug Amount (CDA) does not apply to the Smart and KeyCare plans, on these plans the cost of the lowest formulary listed drug will apply. |
| Designated service provider (DSP) | A healthcare provider (for example doctor, allied healthcare professional, pharmacist or hospital) who we have an agreement with to provide treatment or services at a contracted rate. Visit www.discovery.co.za or click on Find a healthcare provider on the Discovery Health app to view the full list of designated service providers (DSPs). |
| Discovery Health Rate for Medicine | This is the rate we pay for medicine. It is the Single Exit Price of medicine plus the relevant dispensing fee. |
| NAPPI code | This is a unique identifier for a given medicine, surgical or consumable product. |

HIV Pre-Exposure Prophylaxis (PrEP) at a glance

Pre-exposure Prophylaxis (PrEP) is an HIV prevention method in which people who are not infected with HIV, take HIV medicine to reduce their risk of getting HIV if they are exposed to the virus. PrEP can stop HIV from taking hold and spreading throughout your body and refers to taking medicine daily.

Pre-Exposure Prophylaxis (PrEP) can be taken in the following circumstances:

- Couples in a mixed-status relationship where one partner is HIV positive and the other is not.
- HIV negative individuals with a sexual partner who is HIV positive, not on Anti-RT or not yet virally suppressed.
- Individuals who engage in sexual intercourse without condoms with more than one partner.
- Individuals who are at the highest risk of HIV infection and this includes men who have sex with men, sex workers, and people who use drugs.



How you are covered

This benefit is available on all Discovery Health Medical Scheme health plans. To register, your doctor needs to complete and submit the 'Request for HIV Pre-Exposure Prophylaxis' (PrEP) application form, together with the prescription and your HIV negative test results to HIV_Diseasemanagement@discovery.co.za.

Use our designated service providers (DSPs) to avoid co-payments

You must use designated service providers (DSPs) to avoid a co-payment. Treatment received from a provider that is not a designated service provider (DSP) may be subject to a co-payment if the healthcare provider charges more than what we pay. You have full cover for GPs who are on the Premier Plus GP Network. The Scheme will pay the account up to the agreed rate. Visit www.discovery.co.za or click on Find a healthcare provider on the Discovery app to find a provider in our network. The Pre-Exposure Prophylaxis Benefit is approved for six months. You must re-apply for this benefit at the end of the six-month period.

We pay for blood tests and consults from your risk benefits, subject to the available limits for members that are eligible for cover. The basket of care below is included:

| BASKET OF CARE | LIMITS |
|---|--------------|
| HIV Blood tests (including HIV Elisa) | 3 per basket |
| Creatinine | 3 per basket |
| Hepatitis B Surface Antigen | 1 per basket |
| GP consultations (funded up to the Scheme Rate) | 3 per basket |

Any recommended treatment and healthcare services that are not included in the basket of care are covered according to the benefits available on your chosen health plan or in accordance with Prescribed Minimum Benefits (PMBs) where applicable.

HIV Pre-exposure Prophylaxis (PrEP) formulary

| NAPPI CODE | PRODUCT NAME | STRENGTH | DOSAGE FORM |
|------------|--------------|----------------|-------------|
| 715997 | Adco emtevir | 200 mg/300 mg | Tablet |
| 715091 | Didivir | 200 mg/300 mg | Tablet |
| 723717 | Emten | 200 mg/ 300 mg | Tablet |
| 721498 | Emtroc | 200 mg/300 mg | Tablet |
| 720869 | Hetemcit | 200 mg/300 mg | Tablet |
| 717275 | Temecit | 200 mg/300 mg | Tablet |
| 715579 | Tencitab | 200 mg/ 300 mg | Tablet |
| 720242 | Tenemcom | 200 mg/300 mg | Tablet |
| 717981 | Tenemine | 200 mg/ 300 mg | Tablet |
| 708254 | Truvada | 200 mg/ 300 mg | Tablet |
| 715071 | Tyricten | 200 mg/300 mg | Tablet |
| 3004674 | Prepetam | 200 mg/ 300 mg | Tablet |
| 3004544 | Tremdex | 200 mg/ 300 mg | Tablet |



Working to care for and protect you

Our goal is to provide support for you in the times when you need it most.

How to contact us

Tel (members): 0860 99 88 77, Tel (health partners): 0860 44 55 66

Go to www.discovery.co.za to Get Help or ask a question on WhatsApp. Save this number 0860 756 756 on your phone and say "Hi" to start chatting with us 24/7.

PO Box 784262, Sandton, 2146. 1 Discovery Place, Sandton, 2196.

What to do if you have a complaint

01 | TO TAKE YOUR QUERY FURTHER:

If you have already contacted the Discovery Health Medical Scheme and feel that your query has still not been resolved, please complete our online complaints form on www.discovery.co.za. We would also love to hear from you if we have exceeded your expectations.

02 | TO CONTACT THE PRINCIPAL OFFICER:

If you are still not satisfied with the resolution of your complaint after following the process in Step 1 you are able to escalate your complaint to the Principal Officer of the Discovery Health Medical Scheme. You may lodge a query or complaint with Discovery Health Medical Scheme by completing the online form on www.discovery.co.za or by emailing principalofficer@discovery.co.za.

03 | TO LODGE A DISPUTE:

If you have received a final decision from Discovery Health Medical Scheme and want to challenge it, you may lodge a formal dispute. You can find more information of the Scheme's dispute process on the website.

04 | TO CONTACT THE COUNCIL FOR MEDICAL SCHEMES:

Discovery Health Medical Scheme is regulated by the Council for Medical Schemes. You may contact the Council at any stage of the complaints process, but we encourage you to first follow the steps above to resolve your complaint before contacting the Council. Contact details for the Council for Medical Schemes: Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion 0157 | complaints@medicalschemes.co.za | 0861 123 267 | www.medicalschemes.co.za.

Your privacy is important to us

We hold your privacy in the highest regard. Our unwavering commitment to protecting your personal information and ensuring the security and confidentiality of your data is clearly outlined in our Privacy Statement. You can view our latest version on www.discovery.co.za > Medical aid > About Discovery Health Medical Scheme.