

Terms and conditions – **Mental Health ASMR social competition**

These terms and conditions apply to the **Mental Health ASMR social competition**. This competition is open to qualifying persons who are active on Discovery on Instagram, Facebook and/or Twitter. Using the following hashtag #DiscoveryHealthASMR on one of these social media platforms telling us how you relax, such person stands a chance to win one Takealot voucher to the value of R1,000.

The competition will run from **26 May 2023 to 1 June 2023** on the following platforms:

- a. Discovery South Africa Instagram - **@discovery_sa**
- b. Discovery South Africa Twitter - **@discovery_SA**
- c. Discovery South Africa Facebook – **Discovery South Africa**

By taking part in this promotion, you agree to and accept these terms and conditions and those of The Social Media Competitions and Content which can be found [here](#).

About this **document**

- 1| The 'promoter' of the competition is Discovery Health (Pty) Ltd who is also referred to below as 'us', 'we', and 'our'.
- 2| The 'participant' is the qualifying individual who has chosen to participate in the competition.
- 3| All information relating to this competition and any information we publish on any promotional material forms part of these terms and conditions.

Qualifying for this **competition**

- a. The competition is open to all social media followers on the Discovery South Africa social media platforms that reside in Johannesburg, South Africa and are over the age of 18 years old.
- b. This competition is not open to directors, partners, employees, agents, or consultants of the promoter or any other similarly associated individual to Discovery Group or Discovery Vitality or Discovery Bank, its partners or any related third parties.

How the **competition** works

- 1| To participate in the competition, all entrants must follow any one of the three of the three social media platforms mentioned above. The participants must tag us on one of these platforms using the hashtag #DiscoveryHealthASMR to stand a chance to win one Takealot voucher to the value of R1,000.
- 2| Multiple entries are allowed. However, only one entry per person will be entered into the draw for a prize.
- 3| All entries must be completed on or between the above dates to qualify.
- 4| Any entries made before or after these dates will not be considered as an entry into the competition.

- 5| One Winner will be randomly selected on the 2nd of June 2023, based on their (qualifying) engagement on the aforementioned platform/s during the competition period.

Prize

- 1| The prize is one Takealot voucher to the value of R1,000.
- 2| The winner will be contacted via their comment on the relevant platforms mentioned on point 4, asking them to direct message their contact information.
- 3| Should the winner not respond within 1 (one) day, an alternative winner will be chosen.
- 4| The winner may be required to verify their identity, and their corresponding social media page/s.
- 5| By accepting the prize, the winner (of the Takealot voucher) voluntarily assumes all risks and dangers related to it.
- 6| The prize is non-transferrable.

Additional terms and conditions

- 1| Any violation or attempt to violate any of the rules will result in immediate disqualification of the transgressor.
- 2| The promoter reserves the right to revise, alter or terminate the competition with immediate effect. In such event, all entrants hereby waive any rights which they may have against Discovery Health and acknowledge that they will have no recourse or claim of any nature against Discovery Health or any entity of the Discovery Group of Companies.
- 3| If required as a result of legislation or other legal reasons, the promoter reserves the right to terminate this competition immediately. In the event of such termination, all participants agree to waive any rights that they may have in terms of this offer and acknowledge that they will have no recourse against the promoter or its agents.
- 4| Any personal data relating to the participants will be used in accordance with the Protection of Personal Information Act 04 of 2013 ("POPI") or comparable legislation or process of materially similar levels of protection.
- 5| Data pulled for the purposes of the campaign and competition will be based on the completion of the Discovery Health social media competition as stated in the steps above.
- 6| The promoter does not take any responsibility and shall not be held liable for any loss, injury or damage of any nature caused as a result of the participants' use of the abovementioned prize.
- 7| Employees of Discovery Health and Discovery Group are not eligible to enter this competition; individuals who are directors, partners, employees, agents of, or consultants to the Promoters or any of the Discovery Group of companies or any other similarly connected individual.
- 8| By entering this competition, you agree to the terms and conditions set out this document.